

CENTRE VIEW

SOUTHERN EDITION



PHOTOS BY BONNIE HOBBS/CENTRE VIEW

Westfield High's homecoming dance is this Saturday, Oct. 3. Members of the underclassmen court are (front row, from left): Freshman Princesses Breana Hobbs and Katie Manning; Sophomore Princesses Lindsay Kidwell and Whitney Roberts; and Junior Princesses Alex Kriss and Brooke Majors; and (back row, from left) Freshman Princes Beau Donahue and Joon Ho Yeo; Sophomore Princes Mo Katz and Andrew Y. Kwon; and Junior Princes Ben Campbell and Michael Schlink.

Westfield High's Homecoming Court

Members of the Senior Court are (front row, from left): Jessica Andre, Amy Hirabayashi, Leah McNicholas and Melissa Walsh; and (back row, from left) Brian Baynes, Seth McChesney, Ak Palla and Garry Turner Jr.



Fund-raiser Focuses on Cody

Magician, pizza, ice cream in support of preemie.



Georgie Heard with Cody.

BY BONNIE HOBBS
CENTRE VIEW

Cody Heard is less than 5 pounds, and his arms are only as long as his dad's fingers — but he's a fighter. A preemie, born at just 24 weeks old, he's the son of Georgie and Greg Heard of Centreville's Sully Station II community. But until he's bigger and stronger, he's in the Neonatal Intensive Care Unit of Inova Fairfax Hospital.

He and his identical twin, Dalton, were born June 17. But since they weren't due until mid-October, Dalton was just 1 pound, 2 ounces, and Cody, 1 pound, 6 ounces. Dalton only lived three days, but

SEE FUND-RAISER, PAGE 7

Community Mourns Death of Ibbotson

Former Centre Ridge Elementary principal opened the school.

BY BONNIE HOBBS
CENTRE VIEW

Former Centre Ridge Elementary Principal Joanne Ibbotson is no longer among the living, but she lives on in the hearts and minds of all those who knew and loved her. Her legacy also continues in her children and grandchildren and in all those whose lives she touched and who then went on to become successful human beings.

Underscoring that fact were the types of people who attended her funeral last Saturday at Sacred Heart Catholic Church in Manassas. Besides family, they included principals, teachers, administrators, FCPS central office



Joanne Ibbotson

personnel, a former area superintendent, a custodian, a cafeteria manager, former students and parents.

Mary Lou Destefano, Ibbotson's first PTA president, traveled from Ohio for the service, and from southern Virginia came a teacher who did a Relay for Life walk in June in Ibbotson's honor. Saying the Mass of Christian Burial was the pastor of St. Veronica's Catholic Church, Father Edward Hathaway — who'd been her student in fourth grade.

Ibbotson spent 34 years as a teacher and administrator in Fairfax County Public Schools. She

SEE IBBOTSON, PAGE 2

Carol Friedman, 79, Dies

She protected Centreville's history.

BY BONNIE HOBBS
CENTRE VIEW

Carol Friedman's name is synonymous with the protection of Centreville's history. And although the last chapter in her own life has now been written, her mark on this area will live on forever.

The longtime Centreville resident died of renal failure, Sept. 19, in Logan, Utah. She was 79.



Carol Friedman

SEE FRIEDMAN, PAGE 5

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NEWS

Ibbotson

FROM PAGE 1

was the first principal of Centre Ridge Elementary, serving there 10 years until her retirement in 2000. In recent years, though, she battled against ovarian cancer and, on Sept. 20, it claimed her life in her Manassas home.

"This is such a sad time for all of us," said Colin Powell Elementary Principal Brian Hull, who was Ibbotson's assistant principal from 1988-'89 when she was principal of Brookfield Elementary. "What an incredible impact she made. I truly feel Joanne's influence helped build today's successes in the schools, and she trained other assistant principals (APs) to go on and become principals, themselves."

The list includes Brookfield AP Craig Metcalfe who became Cub Run Elementary principal; Centre Ridge AP Keith Hall, now Robinson Secondary subschool principal; Centre Ridge teacher Sharon Williams, now Poplar Tree Elementary principal; teacher Mary Miller, now Colin Powell AP; and Centre Ridge AP Phyllis (McKoy) Pajardo, who became Brookfield principal and is now assistant superintendent for Cluster II.

Hull, who was both Fairfax County and Virginia Principal of the Year, attributes his abilities to Ibbotson's guidance. He also says she encouraged him when he wanted to transition from special to general education. "I've known her a good 20 years and, when I got the assistant principalship at Brookfield, I learned so much from Joanne," he said. "She taught me to have a broad view of student achievement and how important it was to lead, guide and encourage collaborative teamwork among the instructional staff and the community."

He also recalled her big grins and "infectious laugh." And personally, said Hull, "She was so supportive when my family went through medical struggles over the years. She'd make a point of calling, writing a quick note or e-mail to check in, and I tried to do the same with her, as she courageously battled this, the past few years."

Janet LeBel, who helmed Cub Run Elementary for 15 years, knew Ibbotson 25 years. "We were colleagues; she was one of the people I looked to for good advice," said LeBel. "I could consult with her on both a personal and professional level, and I always held her in high regard."

Calling Ibbotson "the epitome of a professional educator," LeBel

SEE IBBOTSON, PAGE 5

ROUNDUPS

Police Arrest Carjacking Suspect

Fairfax County police have charged a Fair Oaks man with robbery after he allegedly tried to carjack two people last week near the county Government Center. He is Justin Fresard, 26, of 11802 Federalist Way No. 34.

According to police, on Friday, Sept. 25, around 2 p.m., a 73-year-old woman was in her car near Government Center Parkway and Post Forest Drive, when a man attempted to forcibly take her car. However, she was able to fend him off.

The man fled on foot and then approached a 47-year-old man in his car near Government Center Parkway and Federalist Way. Again, he tried to steal the vehicle, but was foiled, a second time. Neither victim required medical attention.

Police say the suspect fled in his own vehicle, a 2006 Mercury Milan, parked nearby. Several police units responded to the area for the reports of the attempted carjackings, and a patrol officer successfully stopped the suspect's car at Government Center Parkway and Post Forest Drive.

Believing Fresard was the would-be carjacker, police charged him with two counts of robbery, plus disregarding police commands. He was held in the Adult Detention Center without bond and has a Nov. 9 court date.

Woman Reports Sexual Assault

A 17-year-old girl told police she was sexually assaulted along the Fairfax County Parkway and Tuckaway Drive, in the Franklin Farm area, on Sept. 9. According to police, she was jogging on a path along the parkway, around 7:20 p.m., when she was reportedly grabbed from behind by a man, dragged into nearby woods, threatened and sexually assaulted. He then fled and the victim sought help at a nearby home.

The suspect was described as white, in his 30s, about 5 feet 10 inches, and wearing all black. Anyone with information is asked to contact Crime solvers at 1-866-411-TIPS/8477, e-mail at www.fairfaxcrimesolvers.org or text "TIP187" plus a message to CRIMES/274637 or call police at 703-691-2131.

Man Is Charged with Burglary

Fairfax County police arrested a 24-year-old Centreville man, Sept. 3, after he allegedly broke into his former wife's home in the 14600 block of Winterfield Drive in Sully Station. The victim, a 25-year-old woman, was asleep in the basement around 11:25 p.m., when she heard him knocking on the windows. She grabbed her children and ran upstairs to a bedroom.

Police say she heard glass break and the suspect allegedly enter the home. She and her children locked themselves into a room and called police. Joel Perez, of 14006 Betsy Ross Lane, was arrested inside the home. The woman was not injured and Perez received minor abrasions from the broken glass. He was taken to the Adult Detention Center where he was charged with burglary with the intent to commit assault. On Sept. 15, he was released on \$5,000 bond and has an Oct. 5 court date.

Springfield/Fairfax Land Use

The next meeting of the Springfield District/Fairfax Center Land-Use Committee is Tuesday, Oct. 6, at 7 p.m., in rooms 4 and 5 of the Fairfax County Government Center. The panelists will consider Costco's application for additional square footage. Call Marlae Schnare at 703-451-8873.

Learning about Domestic Violence

The SALT (Seniors and Law Enforcement Together) Council is a partnership between senior citizens and law enforcement to inform seniors about crime prevention projects and recruit and train volunteers to work with local law enforcement. The Sully SALT council meets monthly, and the next meeting is slated for Wednesday, Oct. 7, at 12:30 p.m., at the Sully Senior Center, 5690 Sully Road in Centreville. The topic is "Domestic Violence: The victim, the aggressor, the witness — what should be done?"

NEWS



Potomac Inline Hockey.

PHOTOS BY BONNIE HOBBS/CENTRE VIEW

Highlights of Centreville Day

Centreville Day was held Saturday, Sept. 26.



Members of Westfield High's Step Team.



Scouts carry their flags.



Chantilly Academy's JROTC.



Little Hands Kindermusik gathers before the parade.



Cub Scouts from Deer Park Elementary.



Cub Scout Pack 448's float.

Farmers Markets Still Open

One more way to support local businesses.

There might be a chill in the air, but local farmers markets will be open well through October, with many open well into November and beyond, with markets in Alexandria and Leesburg open year round.

Farmers markets are a wonderful source of locally grown and produced items, including fruits and vegetables of many kinds, greens, apples, pumpkins, chrysanthemums, meat, dairy products, flowers, eggs, honey,

baked goods, and more. The markets are colorful and friendly, and often also offer live music. Many markets include experts on gardening, landscaping and cooking. Recipes and tips for cooking with local produce are available.

But many farmers markets report a drop in customers after Labor Day.

EDITORIAL

Buying from local markets promotes local, sustainable and organic agriculture, and the local economy.

Buying food grown close to home helps the environment and helps reduce global warming by saving the energy used to transport the produce.

Taking children to the farmers market to help pick out their fruits and vegetables can help expand their horizons on healthy foods.

SAMPLER OF LOCAL FARMERS MARKETS

In Fairfax County, see <http://www.fairfaxcounty.gov/parks/farm-mkt.htm>

Centreville Farmers Market, Fridays from 3:30-6 p.m., until Oct. 30, at 5885 Trinity Parkway, Centreville. Vendors will change throughout the season.

Vienna/Oakton Farmers Market, Wednesdays, 8 a.m. – noon, through Nov. 18, Oak Marr RECenter, 3200 Jermantown Road

Frying Pan Farmers Market, Herndon, Wednesdays, 8 a.m. - 12:30 p.m, through Oct. 28, Frying Pan Farm Park, 2709 West Ox Road, Herndon, in front of Frying Pan Country Store

Herndon Farmers Market, Thursdays, 8 a.m. – noon, through Oct. 29, Old Town Herndon, 777 Lynn Street, next to the Red Caboose

Burke Farmers Market, Fridays, 8 a.m. – noon, through Oct. 31, in the Virginia Railway Express Parking Lot at 5671 Roberts Parkway

Reston Farmers Market, Saturdays, 8 a.m. – noon, through Oct. 31, Lake Anne Village Center, Reston.

Let's Work Together

To the Editor:

The following is an open letter to Sully District residents.

Welcome back! We hope that you had a relaxing and rewarding summer and that you are looking forward to the new school year with the excitement and enthusiasm that we have. As we start the new year, we wanted to make a quick introduction to you, and to provide you with contact information for each of us.

Kathy Smith is the Sully District representative and the Chairman of the Fairfax County School Board, and Michael Frey is the Sully District member of the Fairfax County Board of Supervisors. Together, we work to represent your interests to our colleagues and shape public policy to meet your needs. Please feel free to contact Kathy with school related issues, and Michael with County and/or SACC related issues. We both plan to attend many of the Back-to-School nights as well as the community dia-

logue on the FY 2011 budget which will be held at the Centreville Library on Saturday, Oct. 24 from 10 a.m. until noon. Additionally, we are frequently in attendance at school and County functions, and we hope to see you. If you do not see us in person, feel free to contact either or both of us with any issues of concern; our contact information is listed below.

With the goal of increasing communication, you will be asked to join the FCPS Keep in Touch (KIT) subscription service to keep you apprised of items of interest from FCPS. We strongly encourage you to sign up. We also suggest that you join Fairfax County's Community Emergency Alert Network (CEAN). CEAN (<http://www.fairfaxcounty.gov/alert/register.php>) delivers important emergency alerts, notifications and updates during a major crisis or emergency, in addition to day-to-day notices about weather and traffic. Your subscription can be managed to specify the types of alerts which would be most useful to you. Finally, to keep informed of Sully District

happenings, please join the Sully-E newsletter by sending an email to Sully@fairfaxcounty.gov. Please note that your information will not be shared if you sign up for any of these newsletters.

Again, we look forward to seeing you in the coming weeks, and we send our best wishes for a successful academic year.

Michael R. Frey
Sully District Supervisor
Sully@FairfaxCounty.gov

Kathy L. Smith
Chairman, Fairfax County School Board
Kathy.L.Smith@fcps.edu

Observing Eid-ul-Fitr

To the Editor:

At the end of the Holy month of Ramadhan, Muslims observe a religious celebration called Eid-ul-Fitr. This day signifies the end of physical and spiritual sacrifice which was offered in Ramadhan in the form of fasting and religious devotion. Fasting is a physical and spiritual sacrifice that is practiced throughout the month of Ramadhan and has a variety of purposes; it exercises patience in a human being, therefore leading them away from the sin of gluttony. The spiritual devotion applied in the month of Ramadhan includes the sacrifice of time, money, and self for the growth of the individual's relationship with God. That leads to the main point of Ramadhan: the effort for a closer friendship with God, which is the underlying theme of Islam itself. Eid celebrates the achievement of these sacrifices and recognizes the spiritual success which Muslims have achieved in this month. In addition, Eid is a form of a reward that further encourages Muslims to practice a lifestyle similar to that which they have observed in the month of Ramadhan.

Throughout the world, Muslims gather together for a congregational Eid prayer, followed by a sermon given by the Imam. At the end of the prayers, family and friends meet each other and exchange hugs, gifts and food. Muslims dress in new attire to celebrate this joyous occasion. After leaving the mosque, they gather together and have a feast and enjoy each other's company. These feasts include huge amounts of fresh food and sweet delicacies. In addition, they give money to the poor, which is called Fitrana. This symbolizes the idea that Eid promotes happiness and comfort, even for the unfortunate, as well as a sense of kinship in the community.

Amina Tehreem

Write

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PHOTO BY BONNIE HOBBS/CENTRE VIEW

Honored

From left: Yom Kim, representing Korean Central Presbyterian Church, Nonprofit of the Year; Supervisor Michael R. Frey (R-Sully); Rita Koch, Citizen of the Year; and Rayman Hamid of Baskin-Robbins, Centreville Business of the Year.

Friedman

FROM PAGE 1

“She was such a knowledgeable and interesting person — and a wonderful lady dedicated to the history of the area,” said former Sully District Planning Commissioner Ron Koch. “She kept her finger on the pulse of development when it affected any historical sites in Centreville.”

Agreeing, At-Large Planning Commissioner Jim Hart praised Friedman’s achievements. “I can’t think of anybody else as committed to preserving the history of the Centreville community — whether imparting her knowledge of specific sites or buildings or offering her advice on land-use cases,” he said. “I remember, for example, there was a subdivision case near Braddock and Pleasant Valley roads. I didn’t know it, but there had been a WWII landing strip on the site — and she knew it and made everyone aware. It’s now part of Sully Woodlands, under the care of the Park Authority.”

Hart also recalled Friedman going to a dedication ceremony for a Civil War-era cemetery. It was in the middle of some townhouses, and she got the community to clean and preserve the site appropriately. She eventually became the president of the Fairfax County History Commission and, said Hart, “She was also involved in doing oral histories of Centreville oldtimers.”

OVER THE YEARS, she received many accolades. In 1990, she was named “Lady Fairfax,” and in 1998, “Honorary First Citizen of Centreville.” Then in 2000, the West Fairfax County Citizens Association (WFCCA) Land-Use Committee bestowed upon her the James D. McDonnell Award for Outstanding Achievement in Community Service. Said WFCCA member Carol Hawn: “She was deeply deserving of that because she committed so much of her life to the Centreville area.”

Supervisor Michael R. Frey (R-Sully) first met Friedman in the late 1980s during the zoning for the Cub Run apartments, which contained the bulk of the remnants of Lane’s Mill — a grist mill and saw mill that operated in the 1760s. And, said Frey, “She was a bulldog [about their preservation]. I think that really got her fired up, seeing how easily our history could be lost if the community wasn’t vigilant. Shortly thereafter, she organized the Historic Centreville Society.”

Frey worked with Friedman many times, in the succeeding years, and was sad to hear about her passing. “I really grew to like and respect her,” he said. “While she was passionate, she also understood when to draw lines and make a stand. She had perspective and knew some things were more important. I think the happiest I saw her was when I told her I had gotten the Board of Supervisors to buy [the] Mount Gilead [house]. It was a total surprise [to her] Due to the negotiations, and the uncertainty of finding the money, I hadn’t told anyone. Seeing her so ecstatic is one of the nicest memories I will have of my career. We will

SEE FRIEDMAN, PAGE 11



Jim Chesley works the Lions Club booth during the 2008 Clifton Day.

Get Ready for Clifton Day

Forty-third annual festival is Sunday, Oct. 11.

BY BONNIE HOBBS
CENTRE VIEW

Food, crafts vendors and demonstrations, Civil War re-enactors, children’s activities, live music, a petting zoo, Irish dancers and pony rides — all this and more are part of the 43rd annual Clifton Day festival. Taking place throughout the Town of Clifton, it’s slated for Sunday, Oct. 11, from 9 a.m.-5 p.m. Rain date is Oct. 18. Admission is free; parking, \$5/car.

“It’s in a nice, rural setting and is a real family event,” said Clifton Day Chairman Fred Ansick. “There’s a little something for everyone.”

The Clifton Betterment Association (CBA) puts on the event and shares the proceeds with all the town’s nonprofit organizations, including the Clifton Lions Club, Girl and Boy Scouts, Clifton Presbyterian Church, Clifton Gentleman’s Club, Clifton Woman’s Club, the CBA and the Acacia Lodge. “It’s the largest fund raiser for all the nonprofits in Clifton,” said Ansick.

Attendees may come via the Virginia Railway Express train or park in one of the five lots, located at Clifton Elementary, the floodplain, Kincheloe Road, Newman Road and Chapel Road at Frosty Meadows. Shuttles will be available to and from the latter two lots. For more information, see www.cliftonday.com.

More than 200 vendors will be selling a variety of items, such as jewelry, candles, plant hangars, glasswork, children’s clothing, baskets, ceramics, woodworking products, furniture, mixed media, needlework, quilts, sculpture, metalwork, seasonal decorations and

holiday items, sports memorabilia, toys, stained glass, and watercolor and oil paintings.

Artisans will also demonstrate how to carve wood, spin wool, weave, create pottery and silhouettes and make walking sticks, baskets and candles. They’ll be in the area of Ayre Square.

Antiques vendors will be behind the Heart in Hand restaurant and in front of the fire station on Chapel Road. “Some of them have been coming here for 20 years,” said Ansick. In addition, a flea market will be in the post office area on Chapel Road.

Civil War re-enactors Tony Meadows and the 49th Virginia Infantry will be encamped in the yard across from the Clifton Town Meeting Hall on Chapel Road. The Blue Star Mothers of America, a nonprofit group in support of those currently serving in the military, will have an information table near the Acacia Lodge. It’s a nationwide group seeking new members to start a branch in Northern Virginia.

THE CLIFTON LIONS Club will be cooking hot dogs and hamburgers near the Heart in Hand. The Hungry Mouth Café, run by the Clifton Gentlemen’s Club, will serve red beans and rice at Chapel Road and Main Street. The Clifton Presbyterian Church will offer a crab-cake dinner and the Baja Fresh will offer fish tacos on Chapel Road. The Boy Scouts will serve apple cider, lemon sticks and baked goods on Main Street and Chapel Road, and Cub Scouts will be selling cotton candy and beverages in the gazebo in the park.

Colonial Kettle Corn will be available at the corner of Pendleton Street and Chapel Road, and two vendors, one at each end of Main Street, will be selling funnel-cakes. Peterson’s Ice Cream will be open for business, as will the town shops and restaurants, and the Acacia Lodge will also serve food.

Ibbotson

FROM PAGE 2

said she was always calm, no matter the situation, and “that was one of the reasons she was so effective.” She also described Ibbotson as “knowledgeable and devoted to providing the best possible for each child and family. She’d do anything she could to make things better for them. She was just a wonderful and caring person, and I’m going to miss her.”

In June 2000, then Sully District School Board representative Gary Reese made a resolution that Centre Ridge’s library/media center be named after Ibbotson “as a lasting tribute” to her, and the School Board concurred. The resolution stated she fully deserved this honor because of the wonderful job she did as principal there, turning the school into a “prestigious educational institution that has continually commanded respect and positive attention since [opening] in 1990.”

AFTER RETIRING, Ibbotson worked in the Central Office, helping develop new administrators, supervised new teachers and still participated in a “Teachers As Readers” book club she began at Centre Ridge.

Pajardo knew her 16 years and considered her a mentor. “Some of my early lessons in leadership I learned from her and still carry with me as an assistant superintendent,” said Pajardo. “She said to have high expectations for the people you work with and for, and to continue to be a learner and stay on top of the latest developments in your field. In one of my last conversations with Joanne, she said how proud she was of me for getting my doctorate.”

Ibbotson also taught her to take risks. “She said, even if things don’t turn out the way you want, you’ll still learn from them,” said Pajardo. “Another lesson was to balance family and work. She adored her children and cheered them on at their games and activities. They’re both in their 20s now, working on their masters. Megan is at GMU studying school counseling, and Ryan is in North Carolina studying to be a PE teacher.”

Pajardo saw Ibbotson in July and said her friends and former colleagues kept her company while she underwent chemotherapy. “There was a huge outpouring,” said Pajardo. “People would read to her and show her photos. She was also an avid sports fan and loved the Redskins and Orioles. One summer, she took her children to five or six baseball stadiums throughout the country.”

Pajardo also described Ibbotson as a vibrant person, a good listener and “funny as all get-out.” She said her death “reminds us that life is short and we must cherish each day and live it to its fullest. I feel like Joanne’s legacy is living on in everyone she helped develop. I was blessed to have her as a friend.”

LITERACY COACH Carleen Payne feels likewise. While at Centre Ridge, under Ibbotson, she was named Reading Teacher of the Year.” She also gave one of the

SEE COMMUNITY, PAGE 6

Community Mourns Former Centre Ridge Principal

FROM PAGE 5

Saturday's eulogies.

She called Ibbotson "a magnificent woman who left a footprint on our hearts." As a leader, said Payne, Ibbotson tackled the tough issues, but was kind and compassionate. "Parents were valued as their children's first teachers and their participation in the school was welcomed," said Payne. "She sent buses into the neighborhood to bring parents to Back to School or curriculum

nights, as some had no vehicles."

"Joanne initiated daytime and evening 'Parents as Readers' groups to discuss children's books and literacy," said Payne. "Parents could count on her to listen to their concerns and advocate for their children — even accompanying parents of special-needs children to placement meetings."

Ibbotson gave staff members handwritten notes in appreciation of particular things they'd done. She welcomed students by name, even when the school had more than

1,000 children, and delighted in their achievements.

"If a child lacked a pair of glasses, new shoes or a winter coat, [often] she provided them," said Payne. "Other times, Megan and Ryan's outgrown clothes [were] given to children in need at the school, providing her own family with a lesson in caring for others. Joanne, we rejoice today in the life you lived so well and for the privilege of having our lives touched by you."

Besides her children, Ibbotson's survived

by her mother, Eleanor Lonergan; grandchildren William and Eleanor; and siblings Edward, Nancy, Kathleen and Barbara. Her husband Peter, brother James and father Edward Lonergan preceded her in death.

Donations may be made to the Joanne Ibbotson Memorial Fund toward her grandchildren's education. Make checks payable to Ryan or Megan Ibbotson, with a note specifying the Memorial Fund, and mail to 8191 Erika Drive, Manassas, VA. 20112.

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Beautifully updated 4BR, 2.5BA colonial in highly sought after Camelot subdivision. Hardwoods throughout, updated kitchen with corian counters and ceramic tile floor. Great family room with large FP w/mantle. FR leads to expansive deck and shady, private back yard. 2 car garage leads to mud room. Laundry room on main level. Great culdesac location. Class A membership to Camelot Comm. Club (POOL).

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Ashburn \$719,000
Gorgeous 4BR, 2.5BA SF home in Ashburn Farms. Pride of ownership really shows. Gourmet kitchen w/ cooktop, double wall ovens, corian counters, ceramic tile floor, recessed lighting, tons of upgraded cabinets, large island. Windows galore throughout. Screened porch w/ ceiling fans leads to deck. Great MBR & BA w/ huge walk-in closet and private porch off master BR. Great mud room with organizers. Too much to list!

Clifton \$569,000
BRAND NEW Kitchen w/top of the line granite & ss appliances. New recessed lighting, new paint & flooring on all 3 levels. Upgraded architectural roof, solid brick wall around fireplace. Owner upgraded to real copper throughout. \$5000 DECORATOR ALLOWANCE. Call Samson Properties 703-378-8810 **Realtor on Duty.**

Fairfax \$559,900
Beautiful 4BR w/ loft, 3.5BA home has 3 fin. levels on .41 acre on culdesac in Franklin Glen. Updates: kit apps, hardwoods, int paint, heat pump, W&D, HWH, carpet & int lights. Fully screened sunroom, 2 brick patios, 2-story foyer, front porch, loft w/ custom cabs, 3 fridges, huge LL game rm w/ pool table & more! Call Samson Properties 703-378-8810 **Realtor on Duty.**

Fairfax \$539,500
Beautiful, peaceful 4BR 3BA home w/ Mn Lvl study/guest rm & 3 fin. levels. Mn Lvl hardwoods, screened porch, hot tub, 2-tier deck, gas fireplace, large MBR & huge LL rec rm. Updates include roof, interior paint, carpet, kit apps, dryer, garage doors & more. Home converted to gas & wired for FIOS. Call Samson Properties 703-378-8810 **Realtor on Duty.**

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Fund-raiser Focuses on Cody

FROM PAGE 1

Cody's hanging in there and his parents are hoping and praying he'll be able to come home to them and his big brother Luke, 2, as soon as possible.

"We had a good stretch for three weeks where he was doing well and gaining weight, and we thought we'd bring him home in October," said Georgie Heard. "But now, it looks like it may not be until November."

Meanwhile, the medical bills are mounting — estimated at more than a quarter of a million dollars already — and will continue to rise, even after Cody comes home, because of the ongoing care he'll need. So the Moms Club of Centreville — of which Georgie is a member — is holding a Heard Family Fund-Raiser with events to entertain the entire family.

It'll be held Friday, Oct. 9, at 5:30 p.m. at the Virginia Run Community Center, 15355 Wetherburn Court, off Route 29 and Pleasant Valley Road in Centreville. A local magician, The Great Zucchini, will perform, and Ledo's pizza and Baskin-Robbins ice cream will be available for purchase/donation.

There'll also be a silent auction of items including Washington Redskins tickets, gym memberships and children's parties, plus gift baskets from Mary Kay, Creative Memories and Stampin' Up, as well as many other items.

An August fund-raiser at Baskin-Robbins yielded \$2,500, but insurance won't cover all the medical bills and also has a cap. So the Moms Club members hope for a large turnout at the event so they may raise as much money as possible for the family.

Meanwhile, Cody is now 4 pounds, 10 ounces, and 14 and half inches long. But his lungs need to keep developing, and unanswered questions about his eventual physical and mental capabilities still remain.

"We had a setback," said Heard on Tuesday. "The past two weeks, Cody's stomach has been filling up with air or gas — and it's alarming — and the doctors don't know why it's happening. He's had X-rays, testing and blood work throughout this whole thing."

She said doctors were also going to insert a dye to see if there's a blockage or obstruction somewhere in her son. That way, they'll have a better idea of what's going on inside of the infant.

"If there's an obstruction, he'll need surgery and will be put back on a ventilator," said Heard. "But we're hoping that'll turn out not to be the case. He's getting nutrition through a PICC line [a tube placed into a small blood vessel], and we can't move on until he can digest and process food."

She said it's "hard to deal with, when we don't know what it is. Cody doesn't have an infection and his tests come out fine, but

SEE FUND-RAISER, PAGE 11

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CENTREVILLE

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11:00 am Contemporary Service

Bible Study
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Worship- 10:30 a.m.

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Centreville United Methodist Church

Sunday Worship Services
8:15 AM
9:30 AM
11:00 AM
Contemporary Service in the ROC
11:02 AM

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www.centreville-umc.org
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Corner of New Braddock Road & Route 28

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Worship Service:	10:00 AM
Children's & Youth Church:	10:00 AM
Youth Minister: Rev. Bobby Joe Ford, Jr.	
Wednesday Bible Study (Includes Youth Classes)	7:00-9:00 PM

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Phone: 703-830-8769
Fax: 703-830-6718
Website:
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Email:
mtolive@mountolive-church.org

Rev. Dr. Eugene Johnson, Pastor

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CENTREVILLE

Centreville United Methodist Church

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CONNECTIONS

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WORTH NOTING

To have community events listed in Centre View, e-mail to centreview@connectionnewspapers.com. Call Steve Hibbard at 703-778-9412.

ONGOING

The Western Fairfax County Woman's Club is selling the 2009 White House Christmas ornaments. This year's ornament honors our 24th President Grover Cleveland.

A finely crafted gold-plated wreath of snowflakes, painted in ice blue and white, frames the oval ornament that depicts a view of the White House from the south lawn. The first White House Christmas tree to be adorned with electric lights can be seen through the upstairs window. The cost of the ornament is \$18 and all profits benefit charity. If you wish to order previous years' ornaments, just ask about that when you call to place your order. Orders can be placed through any club member or by calling 703-378-6841 or 703-378-6216.

Craft Vendors are needed for the Holiday Bazaar and Craft Fair on Saturday, Nov. 14 from 9 a.m. to 3 p.m. at Centreville United Methodist Church, 6400 Old Centreville Road. Leased spaces for vendors are going quickly. Book your vendor space now! Contact novemberbazaar@hotmail.com or 703-830-2684.

The **Centreville Farmers Market** will be operating every Friday until Oct. 30 from 3:30-6 p.m. at 5885 Trinity Parkway, Centreville. Vendors will change throughout the season.

THURSDAYS

Hope for Today Al-Anon Family Group. 7:15 p.m. Help for friends and family of problem drinkers. At Centreville Presbyterian Church, 15450 Lee Hwy., Centreville. Go to www.AlAnonVA.com.

SATURDAY/OCT. 3

Dulles Day Family Festival. 11 a.m. to 4 p.m. The Plane Pull pits teams of 25 people in a game of "tug of war" against a FedEx jet. Teams raise money to benefit Special Olympics Virginia. Visit www.planepull.com or call 703-359-4301.

Help Collect Seeds. 10 a.m. to noon. Help restore the health and beauty of the region by collecting native hardwood seeds at Cub Run RECenter in Chantilly as part of Growing Native's initiative to restore the lands and waters of the Potomac. Go to www.growingnative.org or contact Deanna Tricarico, Outreach Coordinator, at 301-608-1188, x204.

Tag Day at Centreville High. 10 a.m. to 3 p.m. Centreville High music students will be canvassing local neighborhoods asking for contributions. Donations will enable the music department to purchase uniforms, instruments, equipment, special music and first-rate guest instructors. If you are not home when CVHS students and adult volunteers come by, you can still send a 100 percent tax-deductible donation to Centreville High School Wildcat Band

Boosters, c/o Centreville High School, 6001 Union Mill Road, Clifton, VA. 20124.

SUNDAY/OCT. 4

4th Dog Walk and Homecoming. Hosted by HART, which is hoping to surpass the 160 dog registrations and \$24,000 raised in 2008. Registration at 11:30 a.m. One-mile walk through Bull Run Regional Park Special Events area. Live music, the band Dawgz, vendor booths, agility and training and other demos. Visit <http://hart90.org/DogWalk2009.aspx>.

THURSDAY/OCT. 8

Navigating the Medicaid Maze: Waivers, Eligibility and Documentation. Noon to 2 p.m. Free seminar. At Sully Governmental Center, 4900 Stonecroft Blvd. Chantilly. Go to www.fairfaxcounty.gov/aaa, e-mail caregiver@fairfaxcounty.gov or call 703-324-5205, TTY 703-449-1186.

SATURDAY/OCT. 10

War of 1812 Day. 11 a.m. to 4 p.m. See soldiers and sailors fire their muskets, then take up a practice musket and learn the drill. Visit the ship's surgeon to find out about early medical practices on land and sea. The cost is \$8 for adults and \$6 for children. For information, call 703-437-1794.

Fire Prevention Open Houses. 10 a.m. to 4 p.m. All fire stations throughout the county will host open houses on the same day. The theme for Fire Prevention Week is, "It's Fire Prevention Week. Stay Fire Smart! Don't Get Burned."

Community-wide Yard Sale. 8 a.m. to noon. Sponsored by the Gate Post Estates community, off Route 29 and Lee Highway. Fliers with street map and address listing all homes participating will be distributed at the front entrance. Also look for a balloon on the mailbox. Many different items for sale such as furniture, household goods, toys, children's clothes, books, sports equipment, etc.

SUNDAY/OCT. 11

Town Hall Meeting. 3 p.m. Jim LeMunyon, Republican candidate for the 67th House of Delegates, will hold a town hall meeting at Chantilly Regional Library, 4000 Stringfellow Road, Chantilly. Contact tedson@lemunyon09.com or call the campaign at 703-264-1432.

43rd Clifton Day Festival. 9 a.m. to 5 p.m. Over 200 vendors selling fine crafts, jewelry, antiques and more. Civil War re-enactments, music, entertainment. Free admission. \$5 parking, \$5 train ride. On Main Street in downtown Clifton. Visit www.cliftonday.com.

Clifton Women's Club. 9 a.m. to 5 p.m. Will be featuring homemade goodies and coffee at Clifton Day. Browse the cookbook, a collection of member's most famous dishes, available for \$10. Talk to members about the various charitable

organizations that benefit from its programs. Visit the Web site: www.cliftoncwc.org.

WEDNESDAY/OCT. 14

League of Women Voters Meeting. Noon. Will look at issues critical to democracy, specifically ways to count populations. At the Sully District Government Center, 4900 Stonecroft Blvd., Centreville. Call Susan at 703-780-3902.

Relay For Life Information Meeting. 7:30 p.m. at Austin Grill in Centreville. The American Cancer Society invites the community to learn about its signature fundraiser coming to Centreville High School, May 22-23, 2010. The meeting includes an information session, free refreshments donated by Austin Grill, and door prizes. Shak Hill, author of two books, will share the inspirational story of his wife's cancer survival. RSVP to CentrevilleRelay@gmail.com. Visit www.CentrevilleRelay.org.

OCT. 16-18

Holiday Job Fair and College Fair.

The job fair, which runs Oct. 16-18 from noon to 7 p.m., will feature representatives from the mall's department stores, specialty stores and restaurants. The College Fair is Sunday, Oct. 18 from 7:30-9:30 p.m. Recruiters from 400 colleges and universities will be on hand to answer questions. At Fair Oaks Mall's Grand Court. Visit www.ShopFairOaksMall.com or call 703-359-8302.

Used Book Sale. Semi-annual event to benefit the Centreville Regional Library and its patrons. Open to the Public on Friday, Oct. 16 (10 a.m.-5 p.m.), Saturday, Oct. 17 (10 a.m.-4 p.m.) and Sunday, Oct. 18 (1 p.m.-4 p.m.) at 14200 St. Germain Dr., Centreville. Friends of the Centreville Library (and those who want to become a Friend) are invited to the Preview and Pre-Sale on Thursday, Oct. 15 (6-8 p.m.). Call the Library at 703-830-2223, or go to www.fairfaxcounty.gov/library.

SATURDAY/OCT. 17

Tag Day. Westfield High School music students will be visiting their neighbors' homes requesting donations to its music program for the school year. Donations will be used to cover the costs related to instructors, instruments, uniforms and costumes, as well as competitions not covered by Fairfax County.

Running for the Kids. 5K and 1M Family Fun Run sponsored by Truro Preschool and Kindergarten. Race begins at 8:30 a.m. at Truro Church, 10520 Main Street in Fairfax City. Proceeds go to the Truro Preschool and Kindergarten Caring and Scholarship Fund. Cost is \$15/kids, \$25/adults before Oct. 17. \$30 on race day. Go to www.truropreschool.org psnyder@trurochurch.org 703-691-1006.

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Sat. Oct 3 1-4pm
Jobin Realty
Jocelyn Ramos
703-402-3846

When you visit one of these Open Houses, tell the Realtor you saw it in this Connection Newspaper. For more real estate listings and open houses, visit www.ConnectionNewspapers.com and click the Real Estate links on the right side.

Call Specific Agents to Confirm Dates & Times.

Centreville/ Clifton					
5916 JOVET WAY	\$299,995	Sat. Oct 3 1-4pm	Jobin Realty	Jocelyn Ramos	703-402-3846
Fairfax					
8707 DUVALL ST	\$779,000	Sun. Oct 4 1-4pm	RE/MAX Allegiance	Judy Wonus	703-280-1010
11918 INVERNESS CT	\$465,000	Sun. Oct 4 1-4pm	Weichert	Patricia Stack	703-597-9373
3114 PLANTATION PKWY	\$459,000	Sun. Oct 4 1-4pm	Weichert	Ron Fowler	703-598-0511
Herndon/ Oak Hill					
3109 PINE OAKS WAY	\$1,199,000	Sun. Oct 4 1-4pm	Weichert	Patricia Stack	703-597-9373
Fairfax Station					
11611 YATES FORD RD	\$767,500	Sun. Oct 4 1-4pm	Keller Williams Realty	Karen Paris	571-220-7503
8303 PINYON PINE CT	\$1,100,000	Sun. Oct 4 1-4pm	Long & Foster	Mary Fitzhenry	(703) 731-9178
11451 QUAILWOOD MANOR DR.	\$1,275,000	Sun. Oct 4 1-4pm	Keller Williams Realty	Diane Lenahan	703-283-7328
Vienna/Oakton					
2713 BARONHURST DR	\$650,000	Sun. Oct 4 1-4pm	Premiere	Bettina Dee	571-246-6888
2701 BELLFOREST CT #204	\$363,950	Sun. Oct 18 1-4pm	Long & Foster	Sharon Edwards	703-408-8144
9824 FOSBAK DR	\$694,900	Sun. Oct 4 1-4pm	Long & Foster	Elizabeth Hajost	703-851-8477
2679 GLENGYLE DR	\$274,900	Sun. Oct 4 1-4pm	William G. Buck & Assoc.	Suzanne Fauber	703-395-8741
Burke					
10430 HERITAGE LANDING RD	\$510,000	Sun. Oct 4 1-4pm	Re/Max Choice	Bruce & Tanya Tyburski	703-239-2525
Potomac Falls					
20902 ROYAL VILLA TERRACE	\$547,000	Sun. Oct 4 12-3pm	Samson Properties	John Shultz	571-201-3204

To add your **FREE** Realtor Open House listing in
Chantilly/Oak Hill, Centreville/Clifton, Fairfax

Contact: Karen Washburn
kwashburn@connectionnewspapers.com
All listings due by Mon. at 3 p.m.

COMMUNITY



Chantilly Academy Students Simulate Disaster Training

Chantilly Academy Health and Medical Science students assisted Inova Fair Oaks Hospital in an Emergency Training Preparedness practice on Saturday, Sept. 26. Students simulated being victims of a mass explosion and applied medical makeup (mouflage) to look like they had burns, fractures, amputations, etc. The students were brought through the Emergency Department to give staff the opportunity to practice receiving a large number of victims.

SCHOOL NOTES

The following students have finished new cadet week training with the Virginia Tech Corps of Cadets, the university's longest standing tradition of leadership development.

The first year cadet experience at Virginia Tech is unlike the experience of most first year college students. The corps first year starts in August with new cadet week held the week prior to the start of classes. During new cadet week, incoming students undergo a series of challenges that build character and leadership skills.

❖ Brian Keith of Centreville is a freshman majoring in general engineering in the College of Engineering.

❖ Kiefer Mattox of Centreville is a freshman majoring in history in the College of Liberal Arts and Human Sciences.

❖ Richard Appawu of Chantilly is a sophomore majoring in political science in the College of Liberal Arts and Human Sciences.

Chantilly High School's Class of 1999 will be celebrating its 10-Year Reunion on Saturday, Oct. 3 from 5 p.m.-10

p.m. at Caribbean Breeze in Arlington. Visit www.chantilly99.com for all the details and to RSVP to the event.

St. Joseph School in Herndon is inviting all 4-year-olds and their parents to its Open House on Thursday, Oct. 22 from 10-11 a.m. The school received the Blue Ribbon of Excellence in 2007 because its students scored in the top 10 percent in the nation. Take a tour of the school, meet Principal Joan Cargill.

Tag Day at Centreville High will be held Saturday, Oct. 3 from 10 a.m. to 3 p.m. Centreville High music students will be canvassing local neighborhoods asking for contributions. Donations will enable the music department to purchase uniforms, instruments, equipment, special music and first-rate guest instructors. If you are not home when CVHS students and adult volunteers come by, you can still send a 100 percent tax-deductible donation to Centreville High School Wildcat Band Boosters, c/o Centreville High School,

6001 Union Mill Road, Clifton, VA. 20124.

The Westfield Athletic Boosters invites all WHS alumni to celebrate its 10-Year Anniversary and to attend its first Alumni Flag Football tournament and picnic. The Homecoming weekend is Oct. 3 from 10 a.m. to 2 p.m. at Westfield High School. Come to play, come to watch or come to catch up with old friends! RSVP if you plan to attend. All WHS graduates are invited! Contact Lory Sasek at Lorsas@aol.com.

Abhishek Ramanan of Centreville graduated from the 2009 Governor's School of Agriculture held at Virginia Tech on June 28 to July 25. Ramanan, a junior from Centreville High School, was one of 96 rising junior and senior high school students from across the commonwealth selected to participate in the month-long summer residential program for gifted students interested in agriculture and natural resources.

BUSINESS NOTES

Sandra M. Polin, M.D., a breast and body imaging specialist, has joined Washington Radiology Associates of Fairfax. Polin recently served as an assistant professor of radiology at Georgetown University where she participated in national studies on the utilization of breast MRI technology in the detection and management of breast cancer. Polin's recent publications include a review of the effects of Tamoxifen on the endometrium.

FACES Cosmetics and Spa in the Fair Oaks Mall in Fairfax is holding its second annual "Faces of FACES Model Search." Registration is ongoing and ends Oct. 31. Everyone 13 and older is eligible to enter. Judging is Nov. 1-13.

Come into the store in September or October. They will shoot a "before" photo of contestants, do a makeover and then

shoot an "after" photo. Registration, the photos and the makeover are \$35.

FACES is holding an awards party at the spa, open to the public, on Saturday, Nov. 14 from 5-8 p.m.

Call FACES Cosmetics and Spa in the Fair Oaks Mall at 703-385-2664.

In Celebration of Centreville Day, buy one massage and receive the second at half off. The offer ends Oct. 31. A half-hour massage is \$40, and a one-hour massage is \$70. Come in as a new patient and receive all first-day chiropractic services for a \$15 donation. (The exam and therapy is a \$130 value). To support CASA, a local children's non-profit. Centreville Chiropractic Center is located at 13880 Braddock Road, Suite 108, Centreville. Go to www.CentrevilleChiro.com. Call 703-266-0505.

Meet local business owners and build a business network through the BNI Business Roundtable. Meetings are Wednesdays at 8 a.m. at Eggspectation, 5009 Weston Plaza Dr., Chantilly. Cost is \$8 for Continental breakfast or \$12 for hot breakfast. Go to www.bnichantilly.com.

The Centreville Rotary Club has moved its meeting location from the I-Hop in Centreville to the EggsSpectations Restaurant in Chantilly. The Rotary Club meets Tuesdays from 11:30-12:30 p.m. for lunch. There is a new guest speaker every week with topics ranging from estate planning to how the Rotary helps during emergencies. Contact Gregg Caldwell at gregg@gandcauto.com.

Friedman Protected Centreville's History

FROM PAGE 5

miss her, but her legacy will be treasured by future generations."

Good friend Claudette Ward knew Friedman since the 1980s. "She went to my church and, later, I worked with her on the Historic Centreville Society," said Ward. "Carol and I worked on [Fairfax County's] Comprehensive Plan and its reviews. She was energetic and enthusiastic about the history of Centreville and western Fairfax County and worked tirelessly to research it."

Ward said Friedman could be "very determined when she set her goals and worked hard at completing them. And she was devoted to her husband and daughters."

Friedman and her husband Dan were married 44 years and had two daughters, Susan Johnson and Clara Cardon, and four grandchildren. The couple met at a dance in New Jersey.

"She was with a friend, and I went up to the two of them and asked if one wanted to dance with me," said Dan, 87. "She and I danced and talked; I got her phone number and we started seeing each other." After 1 and a half years, they married.

She was very pretty and a vibrant person, and we had similar interests in history and dancing," said Dan Friedman. "We took ballroom-dancing lessons together and, a year after we married, we took a vacation to New Hampshire and danced on an outside patio. We danced the tango to a live orchestra, and

everybody got off the floor to watch us. They thought we were part of the show and started applauding."

In 1972, he was working for the Defense Department and had an opportunity for advancement at Fort Belvoir, so the Friedmans moved to Virginia, settling in Centreville's Country Club Manor community. Dan Friedman worked on the Army's computer systems for artillery and his wife became involved in their new home's history.

"Carol was responsible for the name of Stone Middle School," said Dan Friedman. Ormond Stone was an educator who founded the Fairfax County Public Library, and Friedman recommended the school be named in his honor. "She also started historic cemetery preservation in the county. She found old cemeteries and let people know where they were so they wouldn't

be lost."

In 2006, the Friedmans moved to Utah. "Our daughter Clara was here, and my wife and I weren't in real great medical condition," said Dan Friedman. "Our other daughter lived in Florida, and we didn't want to live there. In Utah, Friedman lived in Sunshine Terrace, a nursing and assisted-living facility, and Dan Friedman lived across the street (and still does) in an independent-living facility, 10 minutes away from Clara, her husband and their daughters Emma, 10, and Lucy, 8.

But on Sept. 19, renal failure claimed Friedman's life. "Carol lost one kidney years ago and the other one failed on her," said Dan Friedman. Now, he's comforted by memories of her as a new bride and "how much fun she was when we were young marrieds — that's what I'll always remember about her."

Fund-raiser Focuses on Cody

FROM PAGE 7

his physical symptoms don't match."

Since it's flu season, the hospital will only let parents, but not siblings, visit their children, so Georgie and Greg take turns visiting Cody and staying home with Luke. They're also looking forward to the fund-raiser.

"A huge thank-you goes out to the moms group for their love and support of our family," said Georgie. "And special thank-yous to Jean Black, who organized this event, and

Heidi Webster, who helped get the location. And lots of mom volunteers have passed out fliers and visited businesses to get participation and donations for the silent auction."

"It should be a really fun event," continued Heidi. "People can bring their children and have a good time. At the Baskin-Robbins event, so many people touched our hearts, it was so moving. Seeing the way people have come together has inspired me to pass it forward in the future."

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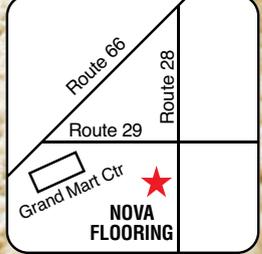


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'Hart' of the Powerhouse

Centreville senior forward Haili Hartman's slick playmaking and humble leadership boosts Wildcats field hockey team to 10-0 record.

BY REED S. ALBERS
CENTRE VIEW

Centreville High School field hockey forward Haili Hartman might be too modest when it comes to her field hockey abilities.

Ask about her individual accomplishments on the field hockey turf and she'll credit her teammates for getting her there. Attempt to discuss her rare ability to change a game with one energetic rush and she'll say she got lucky.

If only it looked lucky.

In the Wildcats 2-1 victory against Washington-Lee High on Sept. 24, Hartman displayed that game-changing style of play as time dwindled down with the score even at one.

With 10 minutes left in the second half, the Wildcats, who were exhausted from their 2-0 victory

over Chantilly the night before, sprang to life when a clear attempt reached Hartman's stick at midfield.

Hartman collected the pass, smoothly cradled the ball around the Washington-Lee defenders with ease, and punched a shot on net that brought the goalie to her knees and the Wildcats' bench to its feet.

Although the shot didn't find the back of the net, it re-energized the Wildcats, who had dragged through the early portions of the second half.

"[Hartman] has a ton of energy," senior midfielder Susie Lesniewski said. "She's a leader on this team. Her play energizes us. She can change momentum with a single play."

Changing momentum wasn't the only rabbit Hartman pulled out of her hat. She also had a hand in



PHOTO BY CRAIG STERBUTZEL/CENTRE VIEW

Centreville forward Haili Hartman stick handles the ball around a Washington-Lee defender in the Wildcats 2-1 victory. "She's a leader on this team. Her play energizes us. She can change momentum with a single play," teammate Susie Lesniewski said.

creating the Wildcats' game-winning goal.

During a penalty corner, Hartman received the inbound pass and fired it at the net. A Washington-Lee defender blocked the shot, but junior Katie Russell scooped up the loose ball and scored.

Hartman's spirit-boosting breakaway and selflessness might have preserved the Wildcats' 10-0 record, but the senior forward re-

fused to take credit for her play.

"I just was in the right place for the rush," said Hartman, a first team all-region selection from the 2008-2009. "I wouldn't have gotten up there if it wasn't for the team. I wouldn't be able to make those plays without my team."

Although Hartman is quick to downplay her abilities, her teammates know she's the go-to-girl.

"I can always find [Hartman] on the field," Lesniewski said. "She's

got great stick skills, great speed and great passing. This year she's gotten even better. It's just a lot of fun to play with her."

Hartman's strong play doesn't happen by chance. "I think about the game before it starts," she said. "I visualize what I want to happen."

After the game, Hartman showed another characteristic of a strong leader — she's hungry for

SEE 'HART', PAGE 15

Westfield Wins Concorde District Championship

Westfield golf team advances to regional tournament with victory.

BY MICHAEL K. BOHN
CENTRE VIEW

Of the four high school district golf tournaments played on Sept. 21-23, the Concorde District boasted the strongest field of top high school golfers. The Westfield team proved to be the cream of that crop, winning the Concorde District title by five strokes over rival Chantilly at Twin Lakes Golf Course.

Westfield High School proved the old adage that a high school team needs depth to win a team title.

Westfield golfers Tim Ritter, Shabril Brewer, Wes Liu, and Jimmy Sanders all shot in the low 70s to hang close to Chantilly stars Victor Monte, Ji Soo Park, and Sam Chanhiran.

The difference maker in the

match was Sanders, who outplayed Chantilly's No. 4 golfer, Steve Aanstoos, by eight strokes over the two-day event.

Chantilly led after the first round, but the Westfield team appeared unconcerned.

"We were down four strokes," Westfield Coach Tim Vigotsky said. "But our seniors led the way, and their tournament toughness proved to be the difference. Jimmy is a good example."

Chantilly's Monte won the individual medal with a 3-under 67-72 - 139 from the men's tees on the 6,500-yard Lakes course. "The difference on the second day was my putting," Monte said. "Nothing dropped until the last hole." Monte said that he knew he was tied with his playing partner, Oakton's Graham Lawyer, going into the eighteenth hole of the final round. "I had a six-foot putt to



PHOTO BY MICHAEL K. BOHN/CENTRE VIEW

Westfield High School golf team, 2009 Concorde District champs, from left: Shabril Brewer, Jimmy Sanders, Chelsea Kim, Sara Stanley, Tim Ritter, Wes Liu, and Coach Tim Vigotsky.

win, and I made that one."

Westfield also deserves credit for its championship etiquette on the golf course. The game has long been driven by honesty and fair play, and Tim Ritter's thoughtful

consideration for an opponent during the tense, final holes on the second day was such an example.

Playing without a rules official nearby, Ritter patiently explained to his playing partner how to

Team Results

- Westfield - 576
1. Chantilly - 581
2. (Tie) Robinson and Oakton - 602
3. Centreville 607
4. Herndon 658

Individual Play (Top 5)

- Victor Monte (Chantilly) - 139
1. Graham Lawyer (Oakton) - 140
2. Wes Liu (Westfield) - 141
3. (Tie) Ji Soo Park (Chantilly) and Noori Hyun (Centreville) - 143

handle a lost ball in a parallel hazard. The group's other two players seemed to ignore the golfer's plight and walked on.

"Etiquette is part of the game," Vigotsky said. "I only get these kids for eight weeks each year. Sure, I can help them with their swings, but teaching them golf's values is more important."

Several Northern Region teams are coed, however Westfield has three girls on its six-player team

SEE WESTFIELD, PAGE 15

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"Discordant"



By KENNETH B. LOURIE

I dreamt it. Now I have to define it. Why that word was in my head while I slept, or the context in which it appeared, I do not know (I can't recall, actually). But when I awoke, there it was, top of mind. And, so to the dictionary I went and now I know the word's meaning. As to why (its literal meaning aside) it was in my thoughts, its meaning, now defined, escapes me.

According to The American Heritage Dictionary, New College Edition, discordant is defined as 1. "Not in accord; conflicting. 2. Disagreeable in sound; harsh or dissonant." ("Dissonant?" Now I have to look that up.) "Dissonant" - "Harsh or inharmonious in sound; discordant," (among other definitions). Well, now that we've cleared that up, I can get on with this column.

Up until this column/moment, I don't believe I have used the word "discordant" in any sentence I have ever written or spoken. Why it appeared last night, in the middle of my sleep, seems most peculiar. Perhaps it was the Chinese food that I had for dinner with my brother, Richard, before we attended evening services for Rosh Hashanah that laid the groundwork. High Holiday services will definitely cause one to consider the big picture, especially when "reading responsively" all the passages about God, life, death, prayer, self-worth, etc. characteristic of the opening of the Book of Judgement. Perhaps it was our usual discussion concerning my lung cancer diagnosis and my activities of daily living, vis-a-vis, hoping and coping, that implanted some thoughts in my subconscious.

But none of it lead to any discord, that I was aware of. We both agreed that the Chinese food was edible. Both agreed why and when to leave the Rosh Hashanah services and both agreed that we needed to get together more often. Furthermore, we both agreed that, all cancer-treatment effects considered, I looked (and I felt) pretty good. In the parking lot, we hugged, said our good-byes and off we both drove. No fuss. No muss.

Once in the car, I turned on the radio to ESPN 980 to catch the end of the Red Sox/Orioles game from Camden Yards to find out that the Sox were leading 3-1 in the eighth inning. More good news. I enjoyed listening to that broadcast for about 20 minutes, as long as it took me to drive to the Greenbelt Metro Station where I was picking up my wife, Dina, coming home from Virginia, where she had been working and acclimating to a new job; again positive all the way around, no discord or dissonance.

Now what happened on the ride home and at home once we arrived was also nothing out of the ordinary, either. There may have been a few conflicting chords plucked but not so that my mind should have searched its data base to insert a word in my subconscious to explain it, so that when I awoke I was consciously preoccupied with determining its meaning. So what does it all mean?

I know one thing it means, maybe I should just mind my own business.

Kenny Lourie is an Advertising Representative for The Almanac & The Connection Newspapers.

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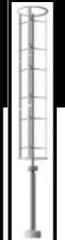
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SPORTS

'Hart' of the Powerhouse

FROM PAGE 12

more.
 "This was not our best game," she said. "We didn't play our best and I know we are so much better [than today's game]."

Hartman is right. The Wildcats have cruised through opponents, outscoring them 36 to 7 this season, but Head Coach Meg Doran warned the squad about complacency.

"This was not at all a depiction of our abilities," Doran said. "We've been very happy with our season up until now. The girls were tired but that's no excuse."

Despite the close call against Washington-Lee, the unbeaten streak is a major accomplishment for a program that three seasons ago was 2-12-2.

"[The current team] has a strong overall commitment to field hockey," Doran said. "They've worked together since they were freshmen [and] they've worked hard outside of school and in the offseason. We want to get back to where Centreville was before I coached here."

Doran's goal is a stiff challenge, but un-

beaten streak suggests the team is nearing that goal. Centreville last won the Concorde District 2003. Centreville's two regional titles came in 2000-2001.

Hartman, who has been a varsity player since her freshman year, said the team is using past seasons as motivation for this year's goals.

"We've been playing against teams that we lost to in the past," Hartman said. "We just kept working together because we knew we could get to this point. We've been a losing team before and we know how it feels."

Lesniewski, her teammate and co-captain, said during the team's training trip to Virginia Beach, the girls made it a goal to go unbeaten.

"We talked about how good we could be," Lesniewski said. "We said we wanted to go 14-0 and win the district."

While an unbeaten streak might make some teams overconfident, Hartman and her teammates remain focused.

"We can't get cocky," she said. "If we just play our game as a team, then we'll be unstoppable."

Westfield Wins Patriot District Championship

FROM PAGE 12

— Brewer, Sara Stanley, and Chelsea Kim.
 Brewer's 1-under 70 in the final round tied for the second-lowest score that day. The girls play from the forward tees, and the boys from the back. After their drives, however, the girls and boys play even up.

Two Concorde teams advance to the Northern Region championships, Oct. 6-7 at Fairfax National Golf Club. Westfield moves on by winning the tournament, and Centreville, which finished fifth, qualifies by having won the regular season competition.

SPORTS BRIEFS

Boys Basketball Skills Clinics

The Chantilly High School boys basketball program will be hosting a fall skills clinic at Chantilly High School for athletes from seventh to 12th grade.

Seventh and eighth grade boys will have sessions from 6 p.m. to 8 p.m. on Oct. 4, Oct. 11, Oct. 18 and Oct. 25.

Ninth grade sessions will be held from 4 p.m. to 6 p.m. on Sept. 27, Oct. 4, Oct. 11, Oct. 18 and Oct. 25.

Sessions for 10th through 12th grade players will be held from 4 p.m. to 6 p.m. on Sept. 26,

Oct. 3, Oct. 10, Oct. 10, Oct. 17 and Oct. 24.
 More information can be found on www.chantillysports.org.

Lacrosse Clinic

The Paul VI High School women's lacrosse team is hosting girls youth lacrosse clinics at Paul VI on Oct. 3 and Oct. 4.

The cost for a single clinic is \$35, \$60 for two, \$80 for three and \$100 for all four sessions.

Those interested in attending can find more information by e-mailing pvigirlslaxcamp@gmail.com

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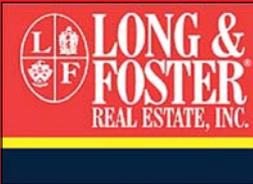


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Herndon

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stainless Steel appliances, tile kitchen floor. Huge walk-in closet. Washer/Dryer in unit. great community amenities include pool, club room and exercise room. Short walk to shops incg a supermarket. Minutes to Herndon-Monroe Park and Ride, Rt 7100, & Reston Town Ctr **\$175,000**



Alexandria

Large, Newcastle townhome in Kingstowne. This lovely home has hardwoods on the main level, brand new carpet in recreation room. Granite counters and beautiful 42" cabinets. Loads of windows for lots of natural light. Family room/kitchen combination with fireplace. This home is fabulous. **\$560,000**



Centreville

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